Conway Centre Residential Experience

Thursday 18th – Friday 19th September 2025

Purpose of the visit....

- 1. Experience a different environment
- 2. Learn as part of a team in a new environment
- 3. Tackle new problems and build resilience
- 4. Motivate and Communicate
- 5. Enjoyment and Fun
- 6. Create long lasting memories for our children







Benefits for EVERY child...

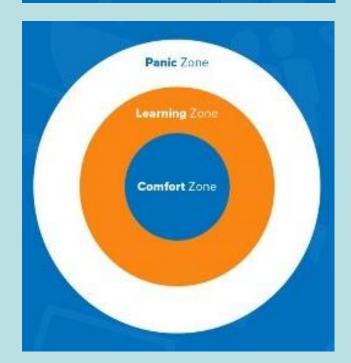
- Education outside of the classroom environment
- 2. Developing inner confidence "I can do this"
- 3. Developing personal self-esteem
- 4. Developing social skills
- 5. Team building skills
- 6. Resilience building
- 7. Experiencing new and exciting learning opportunities
- Learning respect and tolerance for others – developing emotional self regulation

Comfort Zone Safe place to reflect.

Learning Zone Where you grow and learn.

Panic Zone

Learning is beyond what you are familiar with and becomes very difficult.



<u>Conway Centre Residential Experience – Y6</u>

Thursday:

- 9.30am Coach departure for Anglesey
- 11.00am Arrive on site for exploration, packed lunch, site orientation,
- 1.00pm Activities: Raft Building on the Menai Straits
- 5.30pm Hot Dinner, multiple choices
- 6.30pm Nightline Activity
- 7.30pm Conway Quiz, Free Play, Shop, board games
- 10.00pm Bedtime





Friday:

- 7.00am Get up and pack dorms away
- 8.00am Hot breakfast
- 9.30am Mountain Biking / Climbing
- 12.00pm Lunch,
- 1.00pm Depart Conway Centre,
- 2.30pm Collection from school









Discussion Points:

- Safety + Staffing
- Mealtimes
- Dormitories
- Value for Money
- · What if











What to pack:





On day one, children need to be dressed ready for their water activity (lightweight clothing, not jeans).

Day One bag

They will also need a small rucksack, filled with the following:

- Waterproof coat and a hat suitable for the weather on the day sunhat or woolly
- A packed lunch and a <u>full</u> water bottle
- A bus activity
- Spare clothing for after raft building including underwear and sliders or crocs to change into and a small towel.

Please ensure everything is clearly labelled with your child's name AND ensure that your child recognises their own belongings

What to pack:

Suitcase or hold-all:

- A pair of outdoor shoes (to act as a spare pair after the raft building activity)
 Water shoes are not permitted.
- 2 <u>spare</u> sets of clothes including jumper, layers, t-shirts, etc. *Shorts are not permitted due to health and safety.*
- Pyjamas including dressing gown or jumper, slippers, socks
- Wash kit and small towel
- Carrier bag for wet/dirty clothes
- Teddy or comfort toy
- Card games or a small toy/game to play on games night
- Option of £5 (maximum) for the shop children to look after this themselves

Please do not pack: phones, sprays, food, cameras or electronics.

Please ensure everything is clearly labelled with your child's name AND ensure that your child recognises their own belongings.



Medicines:

- All medicines must be handed into the office by
 <u>Tuesday 16th</u> at the latest, medical forms must be
 completed. Please do not send in unexpected
 <u>medication on the day of the visit.</u>
- No medicines can go in children's bags at all, e.g.
 paracetamol. There can be no self-administering of
 medication. Inhalers will be carried by Miss Moore or
 another member of staff who will be with the children.
- Sun creams can be packed, but children must be aware they cannot be shared. I have sun cream to give out to children who do not have any, if needed.

Parent 'To Do' List....

Complete and return the Form C and ensure <u>all</u>information is shared with school

Peruse the kit list and label <u>all</u> clothing – no need to buy anything new at all

Please check that children have x2 spare outfits packed in their overnight bag.

Ask any questions – no matter how minor the issue may seem

Don't worry – they're going to have a GREAT time!

Follow us on Instagram



Parent 'Please don't' List....



Sneak any 'treats' into their bag – food sweets, etc. We have severe food allergens and a well meaning action could be dangerous.

Please don't stay to wave us off – it's triggering for the children, just as we're leaving.

Please don't contact unless it's an emergency. Asking why you haven't seen a photo of your child on Instagram isn't an emergency. Asking if we can find out why your child isn't smiling on a photo isn't an emergency.

Please consider carefully comments on what's app groups and social media – the domino effect is dangerous.