

Weeks commencing 2<sup>nd</sup> March and 23<sup>rd</sup> March

# OVERLEIGH ST MARY'S COSMIC CANTEEN



SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

## MONDAY

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**Mac and Cheese**  
with garlic bread & steamed broccoli

**Jacket Potato**  
with cheese and/or beans

**Ham Batch**

**Cheese Batch**

*Dessert: Chocolate Muffin*

## TUESDAY

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**Pork Sausage in a Bun**  
**Chicken Sausage in a Bun** (HALAL)  
**Quorn Sausage in a Bun**  
All served with a selection of  
crisps and biscuits, with  
juice or water



## WEDNESDAY

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**Roast Chicken Dinner** (HALAL)  
**Quorn Fillet Roast Dinner**  
Served with roast potatoes,  
stuffing, carrots and swede  
**Ham Wrap**  
**Cheese Wrap**

*Dessert: Vegan Jelly*

# WEEK 1

## THURSDAY

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**Beef Spaghetti Bolognese**  
**Quorn Spaghetti Bolognese**  
Served with sweetcorn and  
garlic bread  
**Cheese Batch**  
**Tuna Batch**

*Dessert: Jam Doughnuts*

## FRIDAY

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**Fish Fillet**  
**Chicken Nuggets** (HALAL)  
**Vegan Nuggets**  
Served with chips and  
peas or baked beans  
**Ham Wrap**  
**Cheese Wrap**

*Dessert: Chocolate muffin*



Weeks commencing 9<sup>th</sup> March and 30<sup>th</sup> March

# OVERLEIGH ST MARY'S COSMIC CANTEEN



SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

## MONDAY

**Creamy Tomato Pasta Bake**  
with garlic bread & mixed vegetables

**Jacket Potato**  
with cheese and/or beans

**Turkey Batch**

**Cheese Batch**

**Dessert: Blueberry Muffin**

## TUESDAY

**Chicken Curry** (HALAL)

**Quorn Curry**

Served with rainbow vegetable rice and  
mini naan bread

**Ham Wrap**

**Cheese Wrap**

**Dessert: Mini Chip Cookies**



## WEDNESDAY

**Roast Chicken Dinner** (HALAL)

**Quorn Fillet Roast Dinner**

Served with roast potatoes, carrots,  
green beans and Yorkshire pudding

**Turkey Batch**

**Cheese Batch**

**Dessert: Semolina Pudding +  
Chocolate or Strawberry Syrup**

# WEEK 2

## THURSDAY

**All Day Breakfast**

Pork, chicken or vegan sausage,  
served with mini muffin, baked  
beans, hash browns and toast  
(Gluten Free available)

**Cheese Batch**

**Tuna Batch**

**Dessert: Ice Cream or  
Fruit Smoothie**

## FRIDAY

**Jumbo Fish Finger**

**Pork Sausage Roll**

**Vegan Sausage Roll**

Served with chips and baked  
beans or garden peas

**Ham Wrap**

**Cheese Wrap**

**Dessert: Mini Ring Doughnuts**



Weeks commencing 23<sup>rd</sup> February and 16<sup>th</sup> March

**WEEK 3**

# OVERLEIGH ST MARY'S COSMIC CANTEEN



SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

## MILKSHAKE MONDAY!

Chocolate or Strawberry Milkshake with every meal!

**Creamy Tomato Pasta Bake**  
with garlic bread &  
farmhouse vegetables

**Jacket Potato**  
with cheese and/or beans

**Turkey Batch**

**Cheese Batch**

**Dessert: Blueberry Muffin**

## TUESDAY

**Pork Sausage in a Bun**

**Chicken Sausage in a Bun** (HALAL)

**Quorn Sausage in a Bun**

All served with a selection of  
crisps and biscuits, with  
juice or water



## WEDNESDAY

**Roast Chicken Dinner** (HALAL)

**Quorn Fillet Roast Dinner**

**Cheese Quiche**

Served with roast potatoes and mixed  
vegetables

**Cheese Wrap**

**Chicken Wrap**

**Dessert: Chocolate Rice Pudding**

## THURSDAY

**Mild Beef Chili Con Carne** (HALAL)

**Mild Quorn Chili Con Carne**  
served with rice, sweetcorn  
and garlic bread

**Cheese Batch**

**Egg Batch**

**Dessert: Chocolate Cake  
+ Custard**

## FRIDAY

**Cheese Pizza**

**Pepperoni Pizza**

**Fish Cake**

Served with French fries,  
baked beans or garden peas

**Ham Wrap**

**Cheese Wrap**

**Dessert: Ice Cream or Smoothie**

