



OVERLEIGH ST MARY'S COSMIC CANTEN



SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Creamy tomato pasta bake with garlic bread
and mixed veg

Jacket potato with cheese and/or beans

Cheese batch

Turkey batch

Blueberry Muffin

Water

W/C: 6th January & 26th January

TUESDAY

Mild curry
(halal chicken or Quorn fillets) served
with rainbow vegetable rice and mini
naan bread

Ham wrap

Cheese wrap

Mini chip cookies

Water



WEDNESDAY

Roast Halal chicken dinner or vegan Quorn
fillet

Served with roast potatoes, carrots,
green beans & Yorkshire pudding

Turkey batch

Cheese batch

Semolina pudding and jam

Water

WEEK 2

THURSDAY

All day breakfast Sausage, Hal-
al chicken sausage or vegan with
mini muffin, baked beans, hash
browns & toast (gluten free
available)

Tuna batch

Cheese batch

Ice cream or fruit smoothie

Water

FRIDAY

Jumbo fish finger

Sausage roll (pork or vegan)

Gluten-free sausage

served with chips & baked beans
or garden peas

Turkey wrap

Cheese wrap

Mini ring doughnuts

