



OVERLEIGH ST MARY'S COSMIC CANTEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Milkshake Monday all meals come with a
Chocolate or Strawberry milkshake

Tomato Pasta bake with garlic bread & farm-
house vegetables

Jacket Potato with Cheese and beans

Turkey or Cheese batch

Blueberry Muffin

Water

W/C: 10th November & 1st December

TUESDAY

Winter Meal Deal
Pork Sausage, Veg or Halal
Sausage in a roll

with soup of the day

All served with a selection of crisps,
biscuits & juice
Water



WEDNESDAY

Roast chicken dinner Halal or Quorn
fillet served with roast potatoes pigs in
blanket and mixed veg

Chicken halal or

Cheese wrap

Or Cheese Quiche

Apple Crumble & Custard

Water

WEEK 3

THURSDAY

Mild Chili Con Carne halal or
Quorn Fillet served with rice,
sweetcorn & garlic bread

Egg or Cheese batch

Chocolate Mini Muffin
Water

FRIDAY

Cheese or Pepperoni Pizza
Or Fish Cake

All served with seasoned wedges,
garden peas or baked beans

Cheese or Ham wrap

Icecream or Smoothie
Water

