



OVERLEIGH ST MARY'S COSMIC CANTEEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Creamy tomato pasta bake with garlic bread
and mixed veg

Jacket potato with Cheese & beans or Tuna
Cheese or Turkey batch

Blueberry Muffin

Water

W/C: 4th Nov, 24th Nov & 15th Dec

TUESDAY

Mild Chicken Curry
Halal Chicken Goujons, or veg fillet
Served with rainbow vegetable rice and
mini naan bread

Ham or Cheese wrap

Mini chip cookies

Water



WEDNESDAY

Roast Halal chicken dinner or vegan Quorn
fillet

Served with roast
potatoes, carrots, green beans & York-
shire pudding

Ham or Cheese wrap

Semolina pudding and jam

Water

WEEK 2

THURSDAY

All day breakfast Sausage, Hal-
al chicken sausage or vegan with
mini muffin, baked beans, hash
browns & toast (gluten free
available)

Ham or Tuna batch

Ice cream or fruit smoothie

Water

FRIDAY

Fish Fillet

Or Chicken halal nuggets/Quorn
nuggets

Served with chips & baked beans
or garden peas

Cheese or Ham wrap

Mini ring doughnuts

Water

