



# OVERLEIGH ST MARY'S COSMIC CANTEEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

## MONDAY

Milkshake Monday all meals come with a  
Chocolate or Strawberry milkshake

Tomato Pasta bake with garlic bread & farm-  
house vegetables

Jacket Potato with Cheese and beans

Ham or Cheese wrap

Rice Pudding with Jam

Water

W/C: 10th November & 1st December

## TUESDAY

Winter Meal Deal

Option 1: Sandwiches: Tuna, Ham,  
Cheese, Egg or Turkey & Soup of the  
day

Option 2: Pork Sausage, Veg or Halal  
Sausage in a roll

All served with a selection of crisps,  
biscuits & juice

Water

## WEDNESDAY

Roast chicken dinner Halal or Quorn  
fillet served with roast potatoes pigs in  
blanket and mixed veg

Mild Coronation chicken halal or  
cheese batch

Apple Crumble & Custard

Water

## WEEK 3

## THURSDAY

Mild Chili Con Carne halal or  
Quorn severed with rice,  
sweetcorn & garlic bread

Egg or Ham wrap

Chocolate mini muffin  
Water

## FRIDAY

BBQ Pulled chicken burger

Pepperoni or Cheese Pizza

All served with seasoned wedges,  
garden peas or baked beans

Egg or Turkey batch

Icecream or Smoothie

Water

