



P.E Long-Term Plan

Parish Church of England Primary School

	Unit 1 [7 weeks]	Unit 2 [7 weeks]	Unit 3 [7 weeks]	Unit 4 [7 weeks]	Unit 5 [7 weeks]
Nursery	Introduction to P.E	Fundamentals 1	Dance 1	Gymnastics 1	Ball Skills 1
Reception	Introduction to P.E	Fundamentals 1	Dance 2	Gymnastics 2	Ball Skills 2
Year 1	Dance	Fundamental Movements	Net and Wall Game	Fitness: Target Games and Ball Skills	Athletics
Year 2	Gymnastics	Fundamental Movements	Net and Wall Game	Fitness: Target Games and Ball Skills	OAA
Year 3	Invasion Games (Netball)	Dance	Fundamentals	Striking and Fielding through Ball Skills	Athletics
Year 4	Invasion Games (Tag Rugby)	Gymnastics	Net and Wall Games (Tennis)	Striking and Fielding (Rounders)	OAA
			Swimming		
Year 5	Invasion Games (Basketball)	Swimming	Dance	Net and Wall (Badminton)	Athletics
Year 6	Invasion Games (Tag Rugby)	Net and Wall Games (Tennis)	Gymnastics	Striking and Fielding (Cricket)	Swimming

Area of Learning:

Skill Development	
Invasion Games	
Dance/Gymnastics	
Net and Wall Games	
Striking and Fielding	
Athletics	
Swimming	
OAA	