

# PE – Summer 2

## Reception

### **Multi sports-Games for understanding**

- Take turns/keep the score
- Understand playing by the rules
- Avoid a defender
- Prevent an attacker
- from scoring

## Year 1

### **Ball skills (Rackets, bats and balls)**

- Develop pushing (dribbling) a ball with a racket: Introduce control
- Explore hitting and develop pushing a ball (with a racket) towards a target
- Explore hitting a ball (with a racket) with accuracy and power

## Year 2

### **Ball Skills (Rackets Bats and Balls)**

- Hit (striking) a ball (with a racket) with accuracy and power to beat an opponent
- Introduce hitting (sending/striking) a ball into a space: Where and why?
- Striking the ball (with a bat) into space with intent

### **Games for understanding (attack v defence)**

- Attacking/defending as a team
- Understanding the transition between defence and attack
- Create and apply attacking/defensive tactics

## Year 3

### **Net/Wall 1-Tennis**

- Throwing with accuracy
- Developing throwing with accuracy
- Outwitting an opponent: Wall/Net
- Game Play: Wall/Net

### **Striking/Fielding (cricket)**

- Understand the concept of batting and fielding
- Introduce throwing overarm
- Introduce throwing underarm
- Introduce catching
- Striking with intent

### **Year 4**

### **Striking/Fielding (cricket)**

- Develop an understanding of batting and fielding
- Introduce bowling underarm
- Develop stopping and returning the ball
- Develop retrieving and returning the ball
- Striking the ball at different angles and speeds

### **Swimming:**

Children will be working towards being able to Swim competently, confidently and proficiently over a distance of at least 25 metres by the end of Year 6.

### **Year 5**

### **Tennis**

- Finishing a race
- Evaluating our performance
- Sprinting: My personal best
- Relay changeovers
- Shot Put

- Introducing the Hurdles

### **Rounders:**

- Develop fielding tactics maximising players
- Understand what happens if the batter misses the ball
- Refine fielding tactics, what players where?
- Applying tactics in mini games

### **Year 6**

### **Tennis**

- Game application
- Game application, mixed ability doubles, round robin games

### **Rounders**

- Introduction to full rounders
- Consolidate fielding tactics
- Refine our understanding of what happens if the batter misses or hits the ball backwards
- Batting considerations

If you have any queries or questions regarding how to support your child with their learning please email Mrs Adamczyk at [pe@wistastonacademytrust.co.uk](mailto:pe@wistastonacademytrust.co.uk)