

COMMUNITY NOTICES



27 DECEMBER
Register from 10am, 11am start

+ Christmas Fun-Run

BOLLINGTON

Run or walk with family and friends at:
Middlewood Way (viaduct next to St Gregory's Church), Bollington, Macclesfield, SK10 5JR

A better world needs all of us — let's run for hope.

Adult £10 | Child £5 | Family £20

CAFOD A better world needs all of us
cafod.org.uk/bollington

Sign up now and get sponsored!
Scan here SCAN ME

Let's TALK at the **Community Hub**

Get help with...

- Housing issues
- Benefits and more with Citizens Advice
- Care and support
- Going online
- Getting a job
- Accessing mental health support
- Finding local groups and activities

Every Thursday, 10am-4pm
No.7 Barons Quay, Northwich (opposite Wildwood)

FACE January 2026 Timetable
All sessions delivered live online via zoom, 90 minutes long
£24 each or FREE with School Membership
Book online at facefamilyadvice.co.uk
Recordings available for 48 hours (excluding Free Talk)

Autism - Improving Communication	5 Jan 10am
Improving Family Communication	5 Jan 7pm
Supporting A Child with ADHD	6 Jan 10am
Understanding Addictive Behaviour	6 Jan 7pm
Anxiety Based School Avoidance	12 Jan 10am
Understanding Anger	12 Jan 7pm
Supporting Healthy Screen Use	13 Jan 10am
Facing Defiance	13 Jan 7pm
Cannabis and Ketamine Awareness	19 Jan 10am
Anxiety Explained	19 Jan 7pm
Introduction to OCD	20 Jan 10am
What Is ACT	20 Jan 7pm
FREE Responding to Angry Behaviour	22 Jan 7-8pm
Raising Self-Esteem	26 Jan 10am
Decreasing Depression	26 Jan 7pm
Supporting Healthy Sleep	27 Jan 10am
Understanding the Teenage Brain	27 Jan 7pm

contact Jane
info@facefamilyadvice.co.uk
facefamilyadvice.co.uk

This Community Hub is located in Barons Quay, Northwich and is a great drop-in for families who need a little help/chat – there are many services available.

Amanda Leigh ...

Early Help Navigator will be around to access

CHRISTMAS FAIR

RAFFLE, FOOD, CRAFT STALL, HOT DRINKS, CAKE STALL, TOMBOLA

GLAUBWEIN

FRIENDS OF ST BEDE'S ARE HOLDING A BAVARIAN BONANZA
Saturday 6 December 12 – 2pm — at St Bede's school
DO COME ALONG

DECEMBER 2025