

WEEK 1

Create-your-plate

St Alban's Catholic
Primary School

Monday



Irish Beef Burger Served with Potato Wedges, Coleslaw or Baked Beans

Tuesday



Tomato & Mascarpone Cheese Pasta (V) Served with Wholemeal Crusty Bread & Seasonal Vegetables

Wednesday



Roast Pork Served with BBQ Sauce or Gravy, Crispy Diced Potatoes & Seasonal Vegetables

Thursday



Sweet Hawaiian Chicken Noodles Served with Seasonal Vegetables

Friday



Wholemeal Margherita Pizza (V) Served with Potato Wedges, Baked Beans or Seasonal Vegetables



Or

Freshly prepared in
our kitchen on the day
they're served.

Treat yourself to a hot meal of
the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT



ABC Cake



Flapjack Cookie



Chocolate Muffin



Apple & Grape Pot



Iced Topped Sponge Cake

Or

Save room
for pudding.

Choose a delicious
dessert of the day or treat
yourself to fresh fruit or
low-fat fruit yoghurt.



Selection of fresh fruit



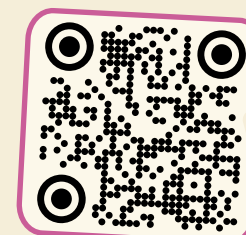
Low-fat fruit yoghurt selection



Images for illustration purposes only.

Meals are subject to availability.
For allergen advice and nutritional
information speak to your catering team.

Big Learning
in Every Bite



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Monday



Build Your Own Pork & Leek British Meatball Wrap Served with Savoury Brown & White Rice & Salad

Tuesday



Million Dollar Mac'n'Cheese (V) Served with Wholemeal Crusty Bread & Seasonal Vegetables

Wednesday



Chicken Korma Curry Served with Brown & White Rice, Naan Bread & Seasonal Vegetables

Thursday



Minced Beef Pie Served with Crispy Diced Potatoes & Seasonal Vegetables

Friday



MSC Cod Star Served with Fries, Baked Beans, Mushy Peas or Peas

CHOOSE A
HOT MEAL

Or

AN EVERYDAY
FAVOURITE

Freshly prepared in our kitchen on the day they're served.

Treat yourself to a hot meal of the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room for pudding.

Choose a delicious dessert of the day or treat yourself to fresh fruit or low-fat fruit yoghurt.



Banana and Oat Cookie



Jam and Custard Biscuit



Marbled Chocolate & Vanilla Biscuit



Melon Medley



St Clement's Sponge Cake



Selection of fresh fruit



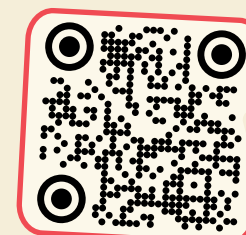
Low-fat fruit yoghurt selection



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Monday



2 Slices of Wholemeal Margherita Pizza (V) Served with Seasonal Vegetables or Homemade Coleslaw

Tuesday



Wholemeal Pasta Bolognese Served with Wholemeal Crusty Bread & Seasonal Vegetables

Wednesday



British Roast Gammon Lunch Served with Roast & Mashed Potatoes, Seasonal Vegetables & Gravy

Thursday



Oven Baked Sausage Roll Served with Mashed Potato, Baked Beans or Seasonal Vegetables

Friday



MSC Battered or Breaded White Fish or Salmon Served with Fries, Baked Beans, Mushy Peas or Peas

CHOOSE A
HOT MEAL

Or

AN EVERYDAY
FAVOURITE

Freshly prepared in our kitchen on the day they're served.

Treat yourself to a hot meal of the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room for pudding.

Choose a delicious dessert of the day or treat yourself to fresh fruit or low-fat fruit yoghurt.



Fibre Rich Toffee Muffin



Lemon Crinkle Cookie



Chocolate Mudslide Cookie



Pineapple Fingers



Jam Bun



Selection of fresh fruit



Low-fat fruit yoghurt selection



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