

WINTER CHALLENGE 2025

How Many Can You Complete?

Always ask permission from an adult before doing an activity. Show your evidence to your teacher or your school's Children's University Co-ordinator.

<p>My Winter Wish for the World Winter is a time for reflection and kindness.</p> <p>If you could make one positive change for the world, what would it be?</p> <p>Write a short "Winter Wish for the World"</p> <p>Decorate it with drawings, colours, or symbols that show your idea</p> <p>● 1 credit for showing your completed Winter Wish to your teacher.</p>	<p>Seasonal Cooking Challenge With the help of an adult, choose and make a winter-themed recipe.</p> <p>You could:</p> <ul style="list-style-type: none"> Make a warm soup or stew Bake winter biscuits or bread <p>Create a healthy snack using seasonal ingredients</p> <p>You can find ideas online or invent your own recipe!</p> <p>● 2 credits for showing a photo of what you made (and listing the ingredients)..</p>	<p>Winter Reuse Art Turn everyday winter waste into art! Use items such as:</p> <ul style="list-style-type: none"> Cardboard boxes Paper, magazines, or packaging Old wrapping paper or foil <p>Create: A winter animal A snowy scene A model of your house or school</p> <p>● 1 credit for showing a photo of your finished artwork.</p>
<p>Winter Active Challenge Staying active in winter is important for our bodies and minds.</p> <p>Over the holidays, complete at least 5 active sessions, such as:</p> <ul style="list-style-type: none"> A family walk Dancing to music Skipping, star jumps, or running on the spot Playing an outdoor game <p>Record: What activity you did How long you were active How it made you feel</p> <p>● 2 credits for showing your completed activity record.</p>	<p>Indoor Navigation Challenge Create a simple map of one room in your house.</p> <p>Draw furniture and key features</p> <p>Hide 3 small objects</p> <p>Use your map to find them (or ask someone else to try!)</p> <p>● 1 credit for showing your map and explaining how it worked.</p>	<p>Cosy Winter Reading Spot Create a cosy place to read.</p> <p>Read a book, comic, or audiobook</p> <p>Draw or write about your favourite part</p> <p>● 1 credit for showing your reading response.</p>

To get your Children's University credits, please show the evidence for the activities that you complete to your teacher or your school's Children's University coordinator after the October half term holidays.

