

MONDAY

MAIN MEAL



Homemade Sweet Chilli Chicken served with noodles, sweetcorn and peas

JACKET POTATO



Jacket Potato – Topped with Vegan Sausages & Baked Beans Served with Salad

SANDWICH



Sliced Chicken sandwich served on a choice of breads with Salad

DESSERT / FRUIT & YOGHURT



Fresh Fruit Yoghurt Crunch Pots Yoghurt (DF available) Fresh Fruit Selection

TUESDAY



Homemade Quorn and Lentil Spaghetti Bolognese served with green beans, carrot and swede batons.



Jacket Potato – Topped with Tuna & Sweetcorn Mayonnaise Served with Salad



Sliced Ham sandwich served on a choice of breads with Salad



Homemade Apple and Berry Oat crumble with custard Yoghurt (DF available) Fresh Fruit Selection

WEDNESDAY



Roast Pork or (Vegan) Quorn Fillet and apple sauce Served with Roast and Mashed Potatoes, Broccoli, Carrots and gluten Free Gravy



Jacket Potato – Topped with Mild Quorn and Chickpea Curry Served with Salad



Egg Mayonnaise sandwich served on a choice of breads with Salad



Frozen Fruit Yoghurt with Fresh fruit Yoghurt (DF available) Fresh Fruit Selection

THURSDAY



Homemade Caribbean Jerk Chicken Served with 50/50 rice & peas, mango Salsa, cauliflower & broccoli



Jacket Potato – Topped with Baked Beans & Grated Cheese Served with Salad



Tuna & Sweetcorn Mayonnaise sandwich served on a choice of breads with salad



Cheese and Crackers Fresh Fruit Selection Yoghurt (DF available)

FRIDAY



GF Bubble Coated Salmon Portion Served with Oven baked potato waffles, peas and sweetcorn



Beef or Meat free burger, served in a high fibre bun Served with oven baked potato waffles & salad.



Sliced Cheese sandwich served on a choice of breads with salad



Homemade Carrot and pineapple muffin served with a fruit wedge Yoghurt (DF available) Fruit pot