

SAUGHALL ALL SAINTS PRIMARY SCHOOL

WEEK 1 – week beginning 31/8, 21/9, 12/10, 09/11, 30/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wholemeal Pitta Pizza with choice of Tuna & Sweetcorn or Cheese & Tomato topping Served with Sweetcorn cobette and peas	Homemade Chinese Chicken & Broccoli served with noodles, vegetable stir-fry and carrot and swede batons	Roast Chicken or (Vegan) Quorn Fillet and Stuffing Served with Roast and Mashed Potatoes, Broccoli, Carrots and gluten Free Gravy	Butchers Beef Meatballs in a Homemade tomato and herb sauce Served with wholewheat pasta, green beans & sweetcorn	Homemade Chicken Fajita Tray bake served in a tortilla wrap served with oven baked potato smiles, peas and sweetcorn
Jacket Potato - Topped with Mild Quorn Chilli non-carne Served with Salad	Jacket Potato – Topped with Baked Beans & Grated Cheese Served with Salad	Jacket Potato – Topped with Vegan sausages & baked beans Served with Salad	Jacket Potato - Topped with Tuna & Sweetcorn Mayonnaise Served with Salad	Harry Ramsden’s Salmon and Sweet potato Fish Cake served with oven baked potato smiles, peas and sweetcorn
Sliced Chicken sandwich served on a choice of breads with Salad	Sliced Ham sandwich served on a choice of breads with Salad	Sliced Cheese sandwich served on a choice of breads with salad	Egg Mayonnaise sandwich served on a choice of breads with Salad	Tuna & Sweetcorn Mayonnaise sandwich served on a choice of breads with salad
Fresh Fruit Yoghurt Crunch Pots Yoghurt (DF available) Fresh Fruit Selection	Lemon drizzle cake served with a fruit wedge Yoghurt (DF available) Fresh Fruit	Fruit Jelly Yoghurt (DF available) Fresh Fruit Selection	Cheese and Crackers Fresh Fruit Selection Yoghurt (DF available)	Homemade Banana Flapjack served with a fruit wedge Yoghurt (DF available) Fresh Fruit selection

Besides our wonderful menu the following are available daily: unlimited salad, fresh bread, milk and chilled water. Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery, crustaceans, mollusc, nuts, peanuts, sesame seeds, soya, sulphur dioxide and mustard - full list available on our website.

Please speak to the School Business Manager if you have any concerns or have any specific dietary requirements.