

Saughall All Saints Primary School

Week 3 - week beginning 09/3, 30/3, 04/5, 01/6, 22/6, 13/7

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Homemade Wholewheat Cheesy Pasta served with a Garlic and Coriander Naan Bread and Seasonal Vegetables	Sausage Pattie Brunch served with Hash Browns, Scrambled Egg, and Baked Beans	Roast pork loin or (Vegan) Quorn Fillet with apple sauce Served with Roast and Mashed Potatoes, Broccoli, Carrots and Gluten Free Gravy	Chicken or (Vegan) Quorn Burger in a Bun served with Potato Noisettes, sweetcorn or Baked Beans	GF Fishfingers Served With Chips and Peas or Baked Beans
Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Homemade Cheese and Red Onion Flan Served with Chips and Peas or Baked Beans
Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad
Granola with Yoghurt and Fresh Fruit Cheese and Crackers Fresh Fruit	Homemade Fruity Flapjack Yoghurt (DF available) Fresh Fruit	Vanilla Ice cream with Fruit Yoghurt (DF available) Fresh Fruit	Granola with Yoghurt and Fresh Fruit Cheese and Crackers Fresh Fruit	Homemade Chocolate Muffin Yoghurt (DF available) Fresh Fruit

Besides our wonderful menu the following are available daily: unlimited salad, fresh bread, milk and chilled water.

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery, crustaceans, mollusc, nuts, peanuts, sesame seeds, soya, sulphur dioxide and mustard - full list available on our website.

Please speak to the catering staff if you have any concerns or have any specific dietary requirements.