

# Saughall All Saints Primary School

**Week 1 - week beginning 23 /2, 16/3, 20/4, 11/5, 08/6, 29/6, 20/7**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Homemade Zingy Tomato wholewheat Pasta served with Garlic Bread and Salad or Seasonal Vegetables	Homemade Beef and Bean Smokey Taco Shells served with Corn Cobettes and Homemade Tomato Salsa and Salad	Roast Gammon or (Vegan) Quorn Fillet and Pineapple Served with Roast and Mashed Potatoes, Broccoli, Carrots and Gluten Free Gravy	Homemade Mild Chicken Curry Served with Basmati Rice, Naan Bread and Seasonal Vegetables	GF Bubble Coated Salmon Portion Served with Chips, Peas or Baked Beans
Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Chicken Chunks Served with Chips, Peas or Baked Beans
Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese , Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese , Vegan Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese, Vegan Cheese or Tuna Mayo Served with Salad
Granola with Yoghurt and Fresh Fruit Cheese and Crackers Fresh Fruit	Homemade Shortbread Biscuit with Fruit Yoghurt (DF available) Fresh Fruit	Frozen Fruit Yoghurt with Fresh fruit Yoghurt (DF available) Fresh Fruit	Granola with Yoghurt and Fresh Fruit Cheese and Crackers Fresh Fruit	Homemade Sticky Toffee Muffins Yoghurt (DF available) Fresh Fruit

Besides our wonderful menu the following are available daily: unlimited salad, fresh bread, milk and chilled water.

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery, crustaceans, mollusc, nuts, peanuts, sesame seeds, soya, sulphur dioxide and mustard - full list available on our website.

Please speak to the catering staff if you have any concerns or have any specific dietary requirements.