

Saughall All Saints Primary

Week 1 - week beginning 1/9, 22/9, 13/10, 10/11, 1/12, 5/1, 26/1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Wholemeal Cheese and Tomato Pizza (Gluten Free & Dairy Free available) Served with Potato Smiles, Baked Beans or Sweetcorn and Salad	Homemade Beef Lasagne Served with Garlic Bread, Seasonal Vegetables or Salad	Roast of the Day or (Vegan) Quorn Fillet Served with Roast and Mashed Potatoes, Carrots, Broccoli, Sage and Onion Stuffing, Yorkshire Pudding and Gluten Free Gravy	Pasta with Tomato and Mascarpone sauce, with crusty bread, Served with Sweetcorn Cobettes, Roasted Vegetables or Salad	Battered Chicken Chunks or Vegan Quorn Nuggets (Gluten Free available) Served With Chips, Baked Beans or Garden Peas.
Vegan Sausage Roll (Gluten Free available) Served with Potato Smiles, Baked Beans or Sweetcorn and Salad	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Gluten free Salmon Fingers or Fishless Fingers Served with Chips, Mushy Peas or Baked Beans
Sliced Ham, Cheese or Tuna Mayo in a Choice of Breads, Served with Salad	Sliced Ham, Cheese or Tuna Mayo in a Choice of Breads, Served with Salad	Sliced Ham, Cheese or Tuna Mayo in a Choice of Breads, Served with Salad	Sliced Ham, Cheese or Tuna Mayo in a Choice of Breads, Served with Salad	Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad
Cheese & Crackers Yoghurt/Fresh Fruit	Melting Moment served with a Fruit wedge Yoghurt/Fresh Fruit	Fruit Crumble with Custard Yoghurt/Fresh Fruit	Cheese & Crackers Yoghurt/Fresh Fruit	Chocolate Cornflake Cake (Gluten Free) Yoghurt/Fresh Fruit

Besides our wonderful menu the following are available daily: unlimited salad, milk and chilled water.

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery and mustard.

Please speak to the catering staff if you have any concerns.