



Tilston Parochial
CE Primary Academy

Enrichment- 2026-2027 Wellbeing & Belonging

Class	Roles	Overview
Wrens	Wellbeing, Belonging & Emotional Development	Pupils follow a weekly myHappymind lesson, giving children preventative strategies, skills and tools to support positive mental health, resilience and the ability to thrive. Weekly PSHE lessons follow the PSHE Association framework through a bespoke Tilston curriculum designed to meet the needs of our pupils. The class celebrates World Mental Health Day through Hello Yellow for YoungMinds. Pupils can access ELSA support through a clear referral system, led by a trained ELSA specialist, with assessments completed before and after programmes to measure impact. Our Wellbeing Pod provides a calm, welcoming space for Wellbeing Wednesday lunchtime sessions with our trained ELSA, alongside Wellbeing Club and a range of extracurricular wellbeing activities. Teaching assistants provide wellbeing support within class and help pupils feel safe, included and ready to learn.
Robins	Wellbeing, Belonging & Emotional Development	Pupils access the same whole-school wellbeing offer as Wrens, including weekly myHappymind and bespoke PSHE lessons, Hello Yellow, ELSA support, Wellbeing Wednesday and Wellbeing Club in our dedicated Wellbeing Pod.

		A range of extracurricular activities provides further opportunities to build confidence, self-esteem, friendships and a sense of belonging. Teaching assistants provide responsive wellbeing support in class, helping pupils to regulate emotions, participate successfully and feel included in school life.
House Martins	Wellbeing, Belonging & Resilience	Pupils continue to access the full whole-school wellbeing offer, including weekly myHappymind and PSHE, Hello Yellow, ELSA support, Wellbeing Wednesday, Wellbeing Club and wider extracurricular wellbeing opportunities. As pupils grow older, provision supports increasing independence, resilience, positive relationships and confidence in seeking help when needed. Teaching assistants provide wellbeing support across the class so that pupils can access learning and feel a strong sense of belonging.
Kestrels	Wellbeing, Belonging & Transition	Pupils access the full whole-school wellbeing offer, including weekly myHappymind and PSHE, Hello Yellow, ELSA support, Wellbeing Wednesday, Wellbeing Club and extracurricular wellbeing opportunities. Year 6 pupils are additionally supported through SATs revision clubs designed to build confidence and reduce anxiety around statutory assessment. During SATs week, pupils are invited to a SATs breakfast, providing a calm, positive and supportive start to each assessment day. Teaching assistants provide wellbeing support across the class, with provision helping older pupils develop resilience, independence and confidence as they prepare for transition to secondary school.

Family Partnership: An open-door policy supports excellent relationships with parents and carers and strong lines of communication between home and school. Families are encouraged to share concerns early so that appropriate pastoral and wellbeing support can be put in place promptly.