

## Sandiway Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Pasta bar Tri Colour pasta served with chicken meatballs in a creamy pepper sauce G, M Or Tomato and basil (V) G, M GF Available	Beef chilli with nachos Or Bean Chilli with nachos (V) G, M	Roast chicken dinner Or Roast Quorn fillet dinner (V)	Margareta Pizza (V) Or Ham and Pineapple Pizza G, M	Harry Ramsden's Battered fish fillet G, F Or Quorn Dippers (V) G, E
	Garlic bread Sweetcorn and grated cheese M, G	Rice and sauces grated cheese	Roast potatoes, mash potatoes, mixed vegetables, Yorkshire pudding and gravy G, M	Seasoned potato wedges peas and sauces	Chips, Sweetcorn or beans
Sandwich or wrap choice	Hot wrap Tuna melt G, E	Sandwiches cheese or egg G, M, E	Sandwiches Tuna or cheese G, M	Hot wrap Bean and cheese melt G, M	Sandwiches Egg or ham G, E
Additional Choice	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E
Deserts	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts M	Yoghurt M	Yoghurts M	Yoghurt M	Yoghurts M
	Strawberries with meringue and cream M	Shortbread G	Jelly and fruit pot	Iced ginger slice G E M	Rice crispy cake
Available daily	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

## Sandiway Primary School

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Chicken Mexicana pasta bake Or Mac and three cheese bake (V) G, M, E	Beef Burger in a white bun GF Available Or Quorn Burger in a white bun (V) G, E, M	Roast turkey dinner Or Quorn roast dinner (V)	Sweet and Sour Chicken Or Sweet and Sour Quorn (V) E	Fish Finger G, F Or Mozzarella sticks (V) G, M
	Garlic bread G	Diced potatoes, sliced cheese and pickled Gherkins	Roast potatoes, mash potatoes mixed vegetables, Yorkshire pudding and gravy. G, M,	Rice	Chips peas or beans
Sandwich or wrap choice	Hot wrap Pizza wrap G, M	Sandwiches cheese or egg G, M, E	Sandwiches Tuna or cheese G, M, F, E	Hot wrap Spicy Cajun chicken wrap G	Sandwiches Egg or ham G, E
Additional Choice	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E
Deserts	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts M	Yoghurt M	Yoghurts M	Yoghurt M	Yoghurts M
	Chocolate Crunch G	Lemon tart G, E	Jelly and fruit pot	Flapjack G	Cheese and Crackers M, G
Available daily	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)