

OUR PGL  
ADVENTURE  
STARTS RIGHT  
HERE...



# OUR PGL ADVENTURE STARTS AT WINMARLEIGH HALL



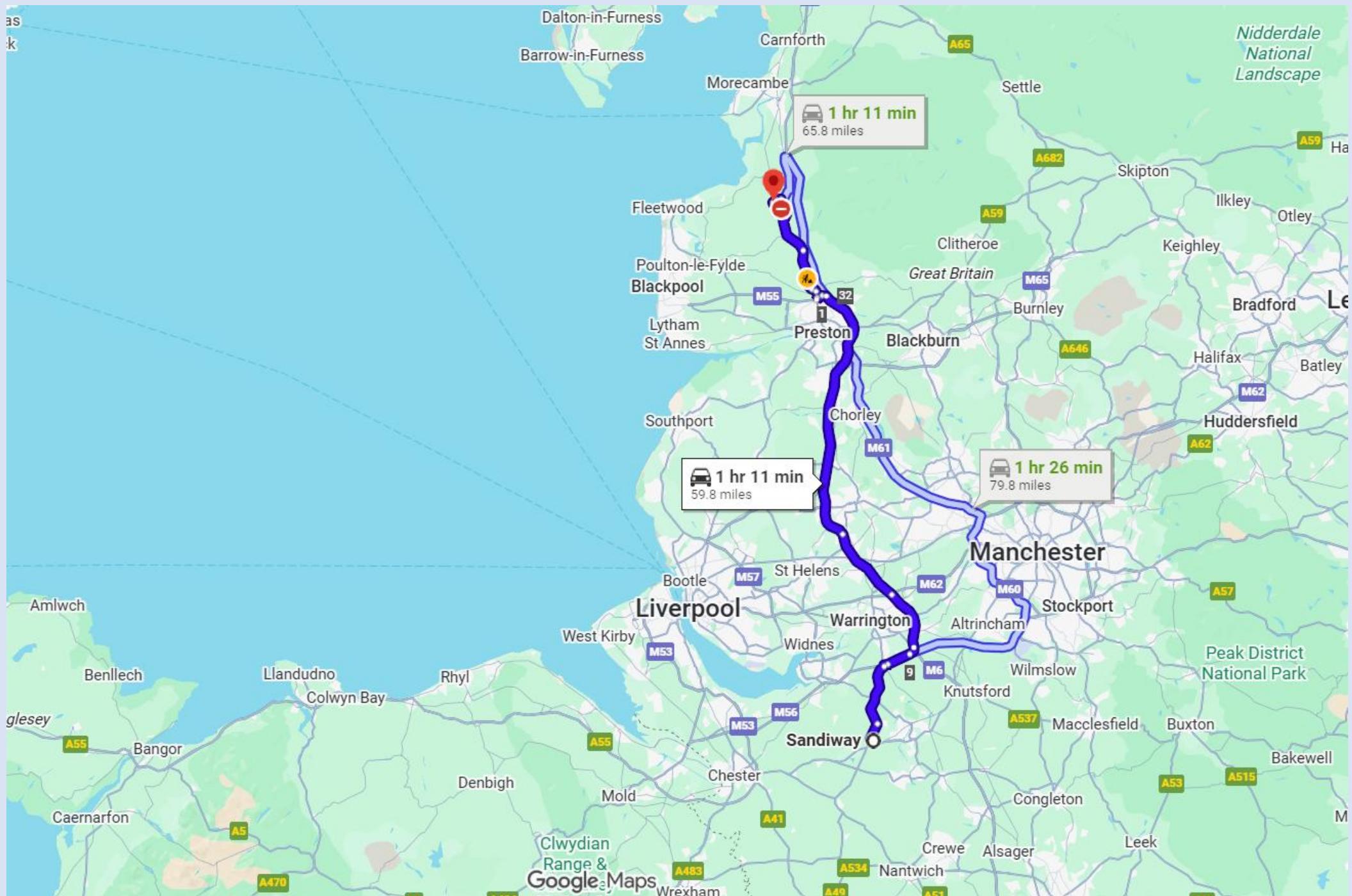
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# Winmarleigh Hall

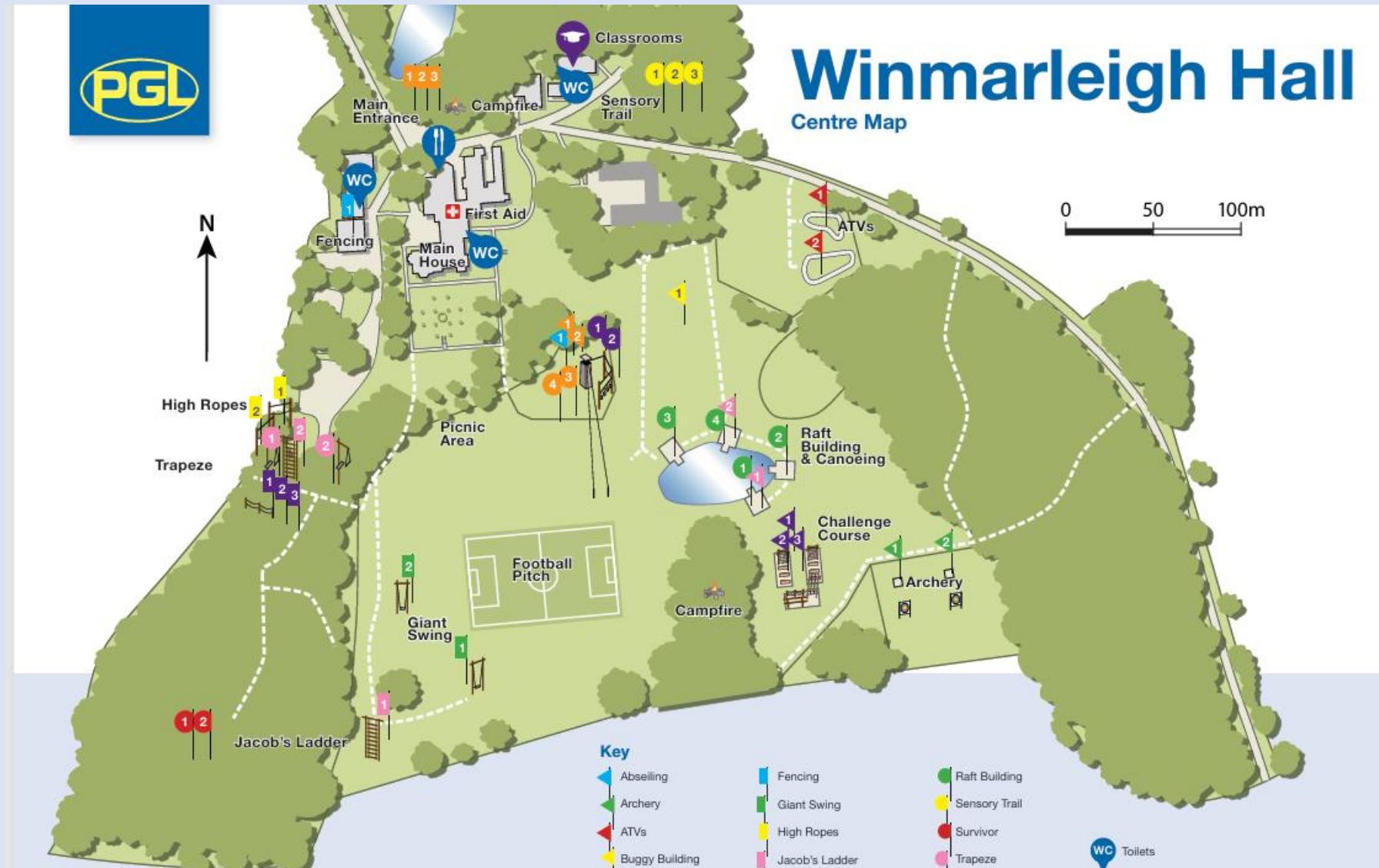
## Lancashire





# Winmarleigh Hall – Preston, Lancashire

- Depart Monday 23<sup>rd</sup> February – Friday 27<sup>th</sup> February 2026 (5 days/4 nights)





Explore Winmarleigh Hall



will help you get the most from your visit.

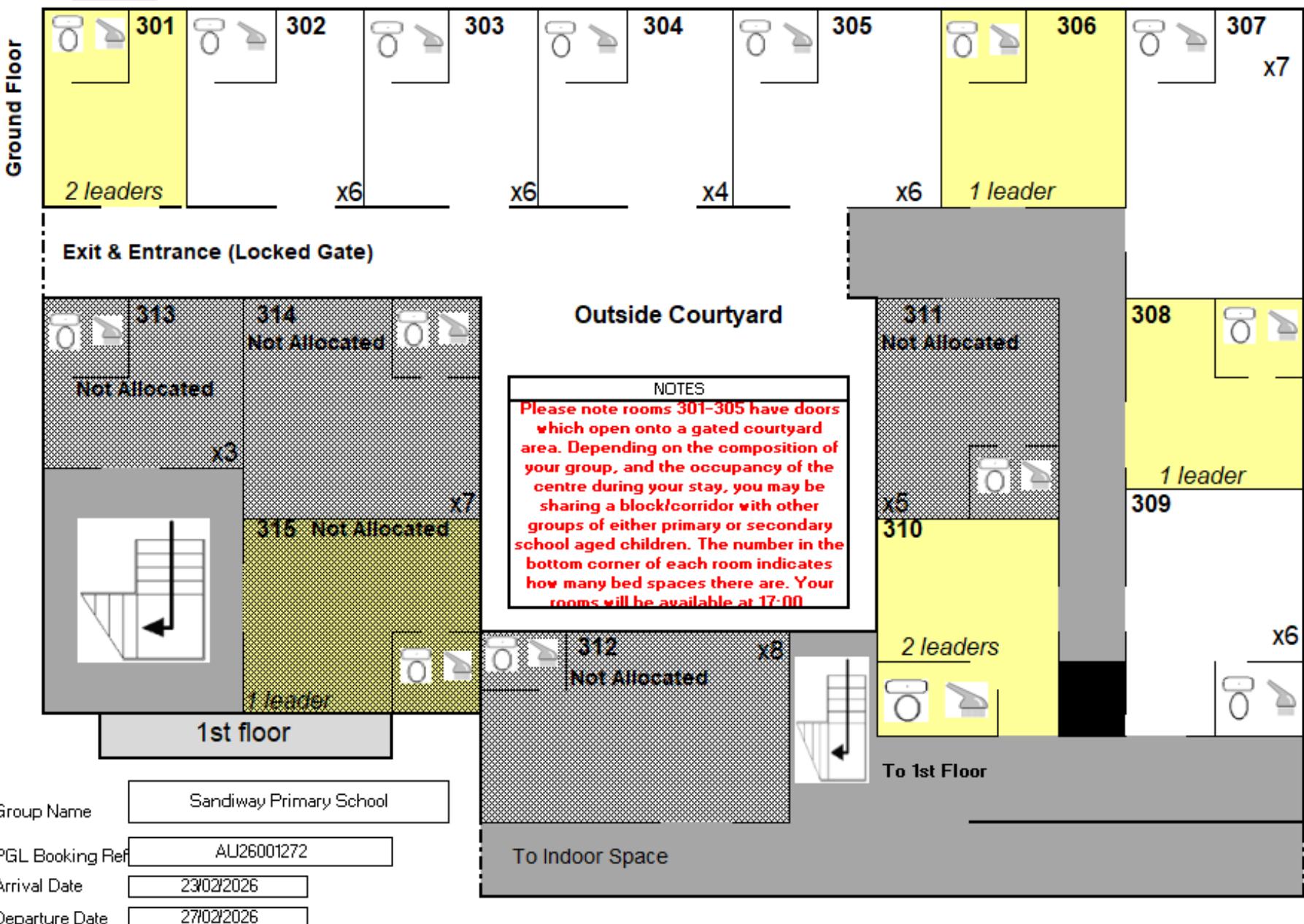
stay please speak to a member of staff.

<https://www.pgl.co.uk/en-gb/visitor-information/winmarleigh-hall>

# Rooms:



## Winmarleigh Hall - Stables Accommodation Plan - EXTERNAL & INTERNAL CORRIDORS



# Converted stables accommodation at Winmarleigh Hall

The rooms in our stable accommodation sleep 2-6 children in bunk beds, with en suite bathrooms.

## Facilities:

- En suite rooms
- Bunk beds



## Staffing

Mrs Sparks

Mrs Bertram/Mrs Harvey

Mrs Tucker

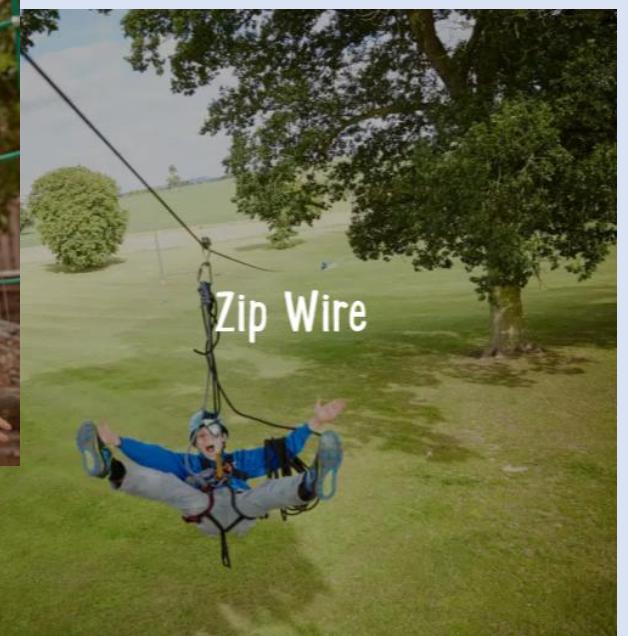
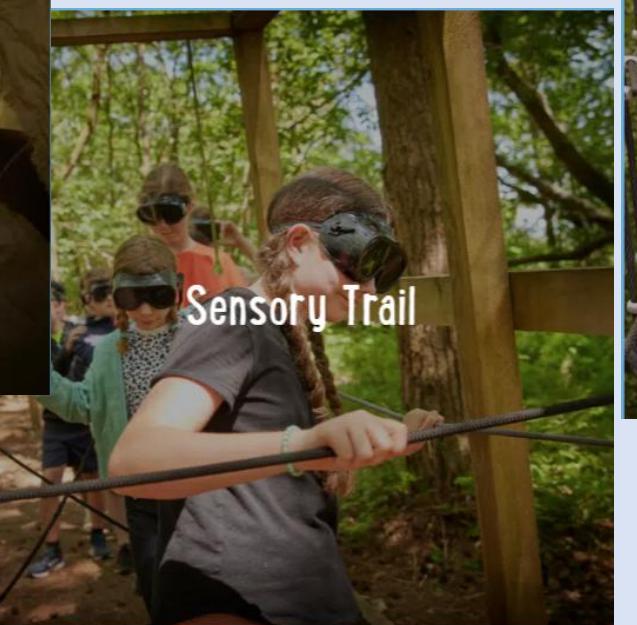
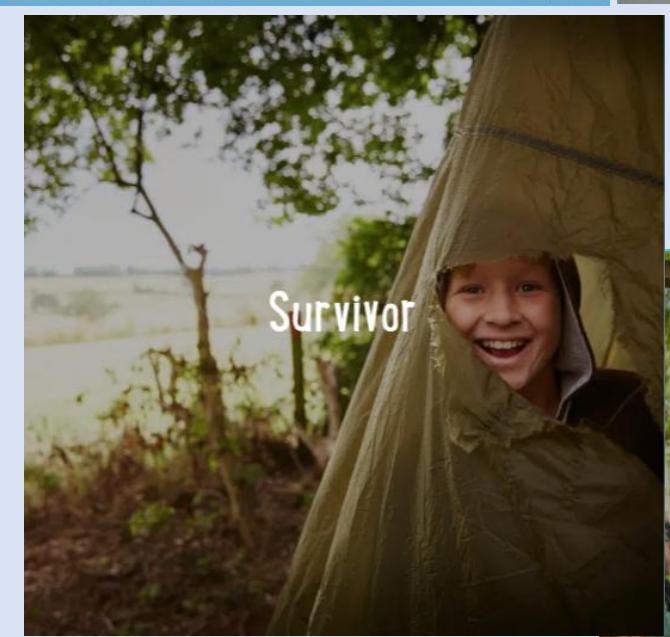
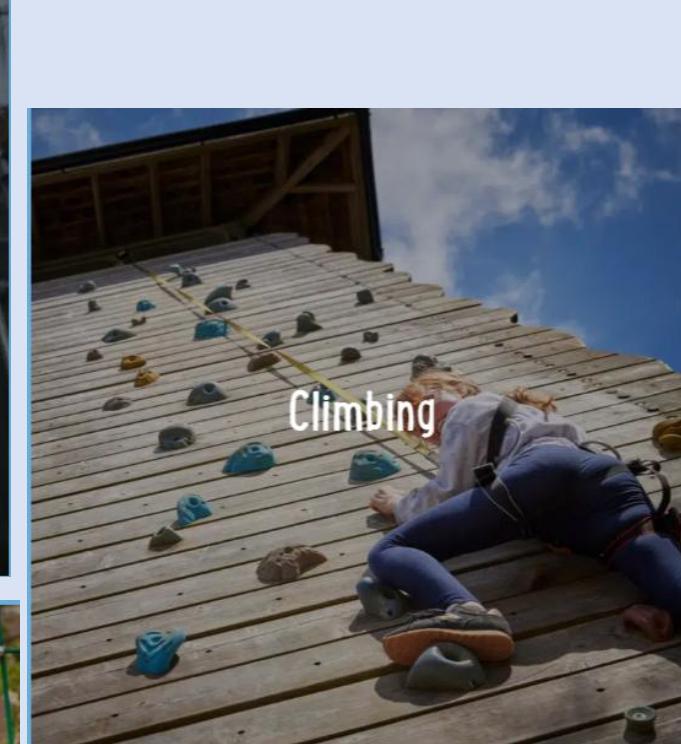
Miss Lomas

This may change!



# Activity Itinerary:

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10		Evening 19:30 - 20:30
Monday	1				Arrive on Centre	Abseiling (AB1)	Archery (A1)		Ambush (AMB1)
	2				Arrive on Centre	Archery (A1)	Abseiling (AB1)		Ambush (AMB1)
	3				Arrive on Centre	Vertical Challenge (VC1)	Sensory Trail (ST1)		Ambush (AMB1)
Tuesday	1			Survivor (SU1)	Zip Wire (ZG1)	Aeroball (AE1)	Climbing (CL1)		Campfire (CF2)
	2			Zip Wire (ZG1)	Survivor (SU1)	Climbing (CL1)	Aeroball (AE1)		Campfire (CF2)
	3			Survivor (SU2)	Climbing (CL1)	Fencing (F1)	Giant Swing (GS1)		Campfire (CF2)
Wednesday	1			Orienteering (OR1)	Canoeing (OC1)	Giant Swing (GS2)	Sensory Trail (ST1)		Balloon Splash (BSP1)
	2			Canoeing (OC1)	Orienteering (OR1)	Sensory Trail (ST1)	Giant Swing (GS2)		Balloon Splash (BSP1)
	3			Archery (A1)	Canoeing (OC2)	Abseiling (AB1)	Challenge Course (CC1)		Balloon Splash (BSP1)
Thursday	1			Fencing (F1)	Vertical Challenge (VC1)	Problem Solving (PS2)	Jacob's Ladder (JL1)		Silent Disco (SD1)
	2			Vertical Challenge (VC1)	Fencing (F1)	Jacob's Ladder (JL1)	Problem Solving (PS2)		Silent Disco (SD1)
	3			Orienteering (OR2)	Trapeze (TR2)	Aeroball (AE1)	Zip Wire (ZG1)		Silent Disco (SD1)
Friday	1	 Giant Swing		Challenge Course (CC1)	Trapeze (TR2)	Depart		 Fencing	
	2			Trapeze (TR2)	Challenge Course (CC1)	Depart			
	3			Problem Solving (PS2)	Jacob's Ladder (JL1)	Depart			



<https://schoolsandgroups.pgl.co.uk/centres/wimborne-hall/>

<https://schoolsandgroups.pgl.co.uk/uk-pgl-menu/>



If you have specific requirements, please let me know as soon as possible.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

## BREAKFAST

Baked Beans (ve) (56kcal)	Baked Beans (ve) (56kcal)	Baked Beans (ve) (56kcal)	Baked Beans (ve) (56kcal)	Baked Beans (ve) (56kcal)	Baked Beans (ve) (56kcal)	Baked Beans (ve) (56kcal)
Hash Browns (ve) (124kcal)	Hash Browns (ve) (124kcal)	Hash Browns (ve) (124kcal)	Hash Browns (ve) (124kcal)	Hash Browns (ve) (124kcal)	Hash Browns (ve) (124kcal)	Hash Browns (ve) (124kcal)
Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)
Sausages (300kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)	Bacon (82kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)	Sausages (300kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)	Bacon (82kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)	Bacon (82kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)	Sausages (300kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)	Bacon (82kcal) or Quorn™ Vegan Cumberland (ve) (214kcal)

Available every day: Porridge with toppers\* (445kcal), a selection of cereals, assorted yoghurts (v) and a selection of toast &amp; spreads

## LUNCH

Pepperoni Pizza (576kcal)	Beef Burger (309kcal)	Battered Chicken Chunks (207kcal)	Homemade Beef Bolognese (463kcal)	Battered Fish (214kcal)	Jacket Potato (ve) (204kcal)	Roast Beef (199kcal)
Margherita Pizza (v) (505kcal)	Meatless Farm™ Plant Based Burger (247kcal)	Vegetable Nuggets (ve) (290kcal)	Homemade Vegetable Ratatouille (ve) (105kcal)	Jumbo Sausage (603kcal)	Served with your choice of: Grated Mild Cheddar (v) (245kcal), Baked Beans (ve) (51kcal) or Tuna Mayo (108kcal)	Meatless farm™ Plant-based Chicken Breast (ve) (293kcal)
Plant-based Margherita Pizza (ve) (526kcal)	Served with: Ziggy Fries (ve) (114kcal)	Served with: Potato Wedges (ve) (256kcal), Garden Peas (ve) (77kcal), Sweetcorn (ve) (55kcal), Sweet Chilli Sauce (ve) (77kcal)	Served with: Penne Pasta (ve) (102kcal), Garlic Bread (v) (162kcal), Grated mild cheddar (v) (245kcal)	Quorn™ Fishless Fingers (ve) (172kcal)	Served with: Skinny Fries (ve) (254kcal), Garden Peas (ve) (77kcal)	Homemade Chilli Non Carne (ve) (344kcal)
Served with: Skinny Fries (ve) (354kcal)				Served with: Skinny Fries (ve) (254kcal), Garden Peas (ve) (77kcal)	Served with: White Rice (ve) (243kcal)	Served with: Roast Potatoes (ve) (208kcal), Yorkshire Pudding (v) (160kcal), Fresh Broccoli (ve) (40kcal), Baby Carrots (ve) (28kcal), Gravy (ve) (54kcal)

Nothing you fancy? Filled rolls - ham, tuna mayo, cheese (v) or chicken and homemade soup (ve) with bread roll (v) available each day

## DINNER

Chicken Katsu Curry (275kcal)	Fish Fingers (206kcal)	Chicken Curry (404kcal)	PGL's Sausage Pasta Bake (400kcal)	Beef Burger (402kcal)	Battered Chicken Chunks (207kcal)	Fish Fingers (204kcal)
Homemade Beef Lasagne (322kcal)	Hunters Chicken (424kcal)	Baked Cheesy Meatballs (254kcal)	Chicken Kiev** (205kcal)	Homemade Mac 'n' Cheese (v) (651kcal)	Homemade Beef Lasagne (322kcal)	PGL's Sausage Pasta Bake (400kcal)
Vegetable Lasagne (ve) (212kcal)	Shepherdless Pie (ve) (488kcal)	Vegetable Curry (ve) (320kcal)	Homemade Sausage & Bean Casserole (ve) (341kcal)	Meatless Farm™ Plant Based Burger (ve) (288kcal)	Vegetable Lasagne (ve) (210kcal)	Shepherdless Pie (ve) (484kcal)
Sides: Garlic Bread (v) (162kcal), Rice (ve) (244kcal), Garden Peas (ve) (77kcal), Fresh Broccoli (ve) (43kcal)	Sides: Baby Potato (ve) (164kcal), Baby Carrots (ve) (55kcal), Whole Green Beans (ve) (22kcal)	Sides: Rice (ve) (140kcal), Penne Pasta (ve) (208kcal), Mixed Vegetables (ve) (46kcal)	Sides: Mashed Potato (v) (224kcal), Fresh Broccoli (ve) (43kcal), Baby Carrots (ve) (28kcal)	Sides: Ziggy Fries (ve) (414kcal), Sweetcorn (ve) (55kcal), Whole Green Beans (ve) (22kcal)	Sides: Garlic Bread (v) (162kcal), BBQ Sauce (ve) (56kcal), Skinny fries (v) (156kcal), Mixed Vegetables (ve) (46kcal)	Sides: Cheesy Garlic Potato (v) (246kcal), Baby Potato (ve) (26kcal), Sweetcorn (ve) (55kcal), Whole Green Beans (ve) (22kcal)

# Kit list

See separate document

## CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- T-shirts
- Long sleeved shirt/T-shirts
- Waterproof jacket
- Fleeces/jumpers



Your arms will need to be covered to do some activities.

### Tops & jackets

- Trousers or leggings but not jeans as they get heavy and cold when wet



### Underwear & socks

- Swimming costume/trunks for water activities
- 1 or 2 sets of clothes for the evening
- Suitable nightwear



Your socks will need to cover your ankles to do some activities.

## TRAVELLING IN THE...



### ...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen

### Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

### Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

### What to wear

We have included some guidance on what to wear and what not to wear for the activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

### Water-based activities

- ✓ Old trainers/water shoes
- ✓ Warm clothing
- ✓ Layers
- ✓ Old clothes
- ✓ Swimming (for some water activities)
- ✗ Flip flops/crocs/sandals
- ✗ Wellies
- ✗ Jeans

### Rope sessions

- ✓ Sturdy footwear
- ✓ Tops to cover the shoulders
- ✓ Shorts that cover the thighs
- ✓ Long trousers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts

### Muddy activities

- ✓ Old trainers
- ✓ Long trousers (waterproof if possible)
- ✓ Layers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts
- ✗ Denim shorts

## FOOTWEAR

- 2 pairs of trainers → 1 for activities
- 1 old pair for watersports
- 1 pair of dry shoes for evening activities



We recommend that all visitors wear closed-toe footwear while on site due to uneven terrain and safety considerations around activity areas.

## OTHER ITEMS

- 2 towels → 1 for showering
- 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Hair ties for long hair
- Torch
- Pocket money £10-20 Recommended



## PLEASE DO NOT BRING



# Code of Conduct Behaviour

- Must show consideration to all staff.
- Respect all property.
- Keep noise to a minimum at night.
- Anti-social behaviour, offensive/insulting language, bullying not tolerated.
- Must not leave the centre.
- PGL reserves the right to send home any part member.



## Code of Conduct Centre Rules

As one of our booking conditions, party leaders agree to maintain the discipline and supervision of their party. The following points further amplify our requirements, and we would be grateful if you could ensure your party members comply:

- Party members must show consideration for other parties, PGL staff, coach drivers, and neighbouring local residents.
- Respect for all property is essential – including coaches, centre facilities, equipment, and others' belongings. Costs for intentional damage will be passed on to the responsible party.
- All party members must observe centre curfews and keep noise to a minimum during these hours.
- Anti-social behaviour, including offensive or insulting language, threatening behaviour, bullying, or harassment of any kind, will not be tolerated.
- Theft and other illegal activities will be reported to the police.
- Guests must not leave the centre unless accompanied by a supervising adult.
- All party members must follow the Country Code.
- PGL reserves the right to send home any party member(s) involved in illegal activities, consistent or gross misconduct. All associated costs will be borne by the individual or party.

## Medication

All medication must be handed to a member of staff going on the trip by a parent.



Complete medication form in addition to form C prior to the trip.

Let us know of anything that may be relevant.

# Spending Money

- Please only bring £15 to spend if you wish in the gift shop on site.
- We will not be visiting any other shops.



## Payment

- Please ensure all payments are made promptly and up to date.
- Ideally we would like all parents to pay **before** the trip by the 23<sup>rd</sup> Feb 2026.
- If you need to any support or help please get in touch with myself or Mrs Foy in the office.



Please fill in form C and hand to me (not office) asap.

Please do let us know if you have any worries or concerns around the residential. If we know about worries, we can work through them.

Any questions?

