WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Tomato & basil pasta with garlic bread	Roast beef, with Yorkshire pudding, roast potatoes & gravy	Chicken tikka masala served with rice & naan	Chicken burger with hash browns	Breaded fishcakes with chunky chips
Vegetarian Main dish	Pizza naan & rice	Vegan sausage & mash potato with gravy	Quorn™ lasagne with garlic bread	Veggie meatballs with spaghetti	Southern fried quorn burger with chunky chips
Accompaniments	Peas & baked beans Salad bar	Carrots & Cabbage Salad bar	Cauliflower cheese & broccoli	Baked beans & broccoli Salad bar	Peas & baked beans Salad bar
Desserts	Strawberry bun	Jam sponge with custard	Chocolate & orange cookie	Sticky toffee pudding with custard	Fresh fruit & whip
Fresh fruit or yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

