AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V) (Wholegrain)	Sweet Potato & Lentil Curry with Wholegrain Rice (VE) (Wholegrain) (Nutritionist's Choice)	Cheese and Onion Pie with Roast Potatoes (V)	Vegan Meatball Baguette with Potato Wedges (VE)	Quorn Dippers with Chips (VE)
OPTION 2	Creamy Garlic Pasta (V)	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball (Wholegrain) (Nutritionist's Choice)	Fish Fingers with Chips
OPTION 3	Jacket Potato served with a choice of fillings (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Ham Baguette	Tuna Mayonnaise Sandwich (Oily Fish)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Lemon Cookie (VE)	Chocolate Ice Cream	Apple Crumble with Custard (Fruity!) (Nutritionist's Choice)	Chocolate Marble Cake	Yoghurt and Fruit (Fruity!) (Nutritionist's Choice)

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

(V) Vegetarian (VE) Vegan Oily Fish (Fruity!) (Wholegrain) (Nutritionist's Choice)

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	**Cheese and Tomato Pizza** with Nut-Free Pesto Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (Wholegrain) (V)	**Quorn Roast** with Potatoes, Yorkshire Pudding and Gravy (V)	**Beany Pasta Bake** (V) (Wholegrain)	**Quorn Dippers** with Chips (VE)
OPTION 2	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (Wholegrain) (V)	**Beef Burger** with Herby Diced Potatoes	**Roast Pork** with Potatoes, Yorkshire Pudding and Gravy	**Chicken and Sweetcorn Pie** with Mashed Potato	**Fish Fingers** with Chips
OPTION 3	**Egg Mayonnaise Roll** (V) (Wholegrain)	**Jacket Potato** served with a choice of fillings (V)	**Cheese Baguette** (V)	**Cheese Panini** (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	**Chocolate Cookie** (VE)	**Strawberry Ice Cream**	**Apple and Berry Crumble** with Custard (Fruity!) (Nutritionist's Choice)	**Chocolate Fudge Cake**	**Yoghurt and Fruit** (Fruity!) (Nutritionist's Choice)

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain (Nutritionist's Choice) Nutritionist's Choice

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

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HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese & Tomato Pizza with Potato Wedges (V)	Chinese Vegetable Noodles (V) (NC)	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Quorn Dippers with Chips (VE)
OPTION 2	Red Pepper and Nut-Free Pesto Spaghetti (V)	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy	Chicken Tikka Masala with Wholegrain Rice (WG)	Fish Fingers with Chips
OPTION 3	Houmous and Carrot Wrap (V)	Jacket Potato served with a choice of fillings (V)	Cheese Wrap (V)	Tuna & Sweetcorn Wrap with Fresh Vegetables	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (WG)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Oat Cookie with Fruit (VE) (F)	Vanilla Ice Cream	Chewy Muesli Fruit Bar (VE) (NC)	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit (F) (NC)

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

(V) Vegetarian (VE) Vegan (O) Oily Fish (F) Fruity! (WG) Wholegrain (NC) Nutritionist's Choice

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WEEK 1
WEEK 2
WEEK 3

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