AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

TASTY

FRUITY!

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TASTY DISHES		**Week 1** **Pork Meatball Sub** with Herby Diced Potatoes **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	**Week 1** **Roast Chicken** with Roast Potatoes, Stuffing and Gravy **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	**Week 1** **Lasagne** with a Garlic Doughball **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	
DESSERT		Chocolate Ice Cream	Apple Crumble with Custard	Chocolate Marble Cake	

FRUITY!

WEEK 1
WEEK 2
WEEK 3

Dates Of Menu Weeks

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TASTY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISHES		**Week 2** **Beef Burger** with Herby Diced Potatoes **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	**Week 2** **Roast Pork** With Potatoes, Yorkshire Pudding and Gravy **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	**Week 2** **Hunter's Chicken** with Potato Wedges **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	
DESSERT		Strawberry Ice Cream	Jelly and Fresh Fruit	Chocolate Fudge Cake	

FRUITY!

WEEK 1
WEEK 2
WEEK 3

Dates Of Menu Weeks

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TASTY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISHES		**Week 3** **Chicken Korma** Served with Wholegrain Rice **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	**Week 3** **Roast Chicken** with Mashed Potato, Yorkshire Pudding and Gravy **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	**Week 3** **Beef Bolognese** with Wholewheat Pasta **Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta **Jacket Potato** served with Cheese, Beans or Tuna Mayo and Fresh salad or Vegetables	
DESSERT		Vanilla Ice Cream	Shortbread Finger with Sliced Fruit	Chocolate Sponge with Chocolate Custard	

FRUITY!

WEEK 1
WEEK 2
WEEK 3

DATES of MENUS WEEKS