Allergen Matrix

For cereals containing gluten, and nuts, the type of gluten and type of nut needs to be specified.

Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Jacket Potato with Cheese							✓							
Jacket Potato with tuna mayonaise				✓	✓									
Jacket Potato with coleslaw				✓										
Jacket Potato with Veggie Curry							✓							
Wholemeal Cheese Bap with butter or vegetable spread		Wheat Flour					✓			cashews/almonds/peanuts			✓	
Cream Cheese and Cucumber Wrap		Wheat Flour										✓	✓	
Cheese Panini		Wheat Flour					✓							
Chicken Noodles with Vegetables		Wheat Flour											✓	
Vegetable Chow Mein		Wheat Flour											✓	
Beef Lasagne	✓	Wheat Flour Durum Wheat					✓						✓	
Tomato Sauce														
Blueberry Muffins		Wheat Flour		✓			✓							
Vegetable Lasagne		Wheat Flour Durum Wheat		✓			✓							
Butter Chicken Curry		what are the cereals?					✓						✓	
Macaroni Cheese		Durum Wheat					✓		✓					
Cauliflower and Leek Bake		Durum Wheat					✓		✓					
Creamy Tomato Salmon Pasta		Durum Wheat			✓		✓							

Review date: _____ Reviewed by: _____ Scan the QR code or visit *ncass.org.uk/safetymanagementsystem* for additional resources.

Allergen Matrix

For cereals containing gluten, and nuts, the type of gluten and type of nut needs to be specified.

Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pizza		Wheat					✓							
Pasta Bolognese	✓	Wheat												
Vegetable Bolognese	✓	Wheat											✓	
Mashed Potato							✓							
Filled Baguette		Wheat					✓							
Cheese and Tomato Toastie		Wheat					✓							
Tuna and Sweetcorn Sandwich		Wheat		✓	✓									
Cheese Bap		Wheat					✓							
Meatball Sub		Wheat		✓										
Fish Finger Bap		Wheat		✓	✓								✓	
Tuna Pasta		Wheat			✓		✓		✓					
Cottage Pie	✓	Wheat					✓							
Cheese Wrap		Wheat					✓							
Crispy Chicken Bap		Wheat		✓										
Bacon Hash Brown Wrap		Wheat												

Review date: _____ Reviewed by: _____ Scan the QR code or visit *ncass.org.uk/safetymanagementsystem* for additional resources.