## **How To Keep Safe Online:**



Top 7 ways to keep safe online

The internet can be a fun place though not all is sunshine and rainbows. Scammers, catfish and inappropriate content can be extremely harmful to your mental and physical health. Though there are numerous ways to solve these problems.

For example:

- 1. Block and report it
- 2. You are in control
- 3. Do not pass it on
- 4. Check device and privacy settings
  - 5. It is not real
  - 6. Tell an adult
  - 7. Further help

These 7 techniques to online safety may seem like small changes but they can have a huge impact.

## What to look out for?

If anything seems either too good to be true or at all out of the blue, then always remember the seven tips to internet safety and remember to never be too hasty.



