



Helsby Hillside Primary School

Intimate Care Policy

1. Policy Statement

At Helsby Hillside Primary School, we are committed to safeguarding and promoting the welfare, dignity, and wellbeing of every child. We recognise that children may require support with toileting, personal hygiene, or changing clothes as part of their development.

We aim to ensure that intimate care is respectful, safe, hygienic, sensitive, promotes independence, delivered in partnership with parents/carers, and fully compliant with safeguarding procedures. No child will be made to feel embarrassed, ashamed, or excluded because of their personal care needs.

2. Definition of Intimate Care

Intimate care refers to any care which involves washing, touching, or carrying out procedures to intimate personal areas. This may include:

- Supporting children to use the toilet
- Changing nappies or pull-ups
- Cleaning a child after soiling
- Changing wet or soiled clothing
- Assisting with personal hygiene
- Supporting children with medical or developmental needs related to personal care

3. Aims

This policy aims to safeguard children and staff, protect children's dignity and privacy, promote independence and self-care skills, ensure consistency of practice, work in partnership with parents/carers, and provide clear guidance for staff.

4. Legal and Safeguarding Framework

This policy operates alongside the school's Safeguarding and Child Protection Policy, Health and Safety Policy, EYFS Statutory Framework, Equality Policy, Supporting Pupils with Medical Conditions Policy, and Behaviour Policy. All intimate care procedures are carried out in line with safeguarding responsibilities.

5. Roles and Responsibilities

Headteacher and Senior Leadership Team: Ensure appropriate staffing, facilities and training and monitor implementation.

Staff: Provide care respectfully and sensitively, encourage independence, maintain hygiene

standards, record and report where appropriate, and follow safeguarding procedures.

Parents/Carers: Inform school of needs, provide spare clothes or nappies/pull-ups if required, and work with staff to support independence.

6. Procedures for Intimate Care

Staff will explain support needed, seek the child's agreement, encourage independence, maintain privacy, use appropriate PPE, follow hygiene procedures, and treat the child with dignity.

Toileting accidents will be managed discreetly and clothing sent home. Nappy or pull-up changes will take place in the designated area with surfaces cleaned and waste disposed of safely.

7. Individual Intimate Care Plans

Where a child requires frequent or ongoing support, an Individual Intimate Care Plan will be agreed with parents/carers and reviewed regularly. Plans will detail the level of support, staffing arrangements, equipment, hygiene procedures, and safeguarding considerations.

8. Safeguarding and Staff Protection

Care will be carried out by trained, known adults. Staff will avoid being alone in isolated areas where possible. Another adult will be nearby when feasible. Any concerns or injuries will be reported immediately to the Designated Safeguarding Lead. Staff follow the school code of conduct at all times.

9. Promoting Independence

Children will be encouraged to manage clothing, use the toilet independently, wash hands properly, and communicate when they need help. Staff will provide guidance and positive reinforcement.

10. Facilities and Hygiene

The school provides designated facilities with running water, soap, paper towels, PPE, cleaning materials, and appropriate waste disposal. Strict infection control procedures are followed.

11. Confidentiality

All information relating to a child's intimate care needs will be treated confidentially, shared only with relevant staff, and stored securely in line with data protection requirements.

12. Monitoring and Review

This policy will be reviewed annually by the Senior Leadership Team and Governing Body or sooner if guidance changes.

Reviewed by	Sarita Jagota (KS Lead) Adam Khan (HT)	January 2026
Approved by	F&S/B&M Committee	
Next Review Date		January 2029