

# St Wilfrid's Catholic Primary School - 2026/2027 Curriculum

## PE EYFS & KS1

|               | Autumn 1                                        | Autumn 2                                      | Spring 1                                                  | Spring 2                                                         | Summer 1                            | Summer 2                                              |
|---------------|-------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------|------------------------------------------------------------------|-------------------------------------|-------------------------------------------------------|
| <b>EYFS</b>   | Outdoor Learning<br>Movement and<br>Using Space | Outdoor Learning<br>Nativity                  | Outdoor<br>Learning<br>Ball Skills and<br>Large Equipment | Outdoor<br>Learning<br>Gymnastics                                | Outdoor Learning<br>Dance           | Outdoor Learning<br>Athletics                         |
| <b>Year 1</b> | Outdoor Learning<br>Ball Skills: Hands<br>1     | Rackets bats and<br>balls<br>Nativity - Dance | Dance: The Zoo<br>Ball Skills: Feet                       | Gymnastics:<br>Wide, narrow,<br>curled<br>Locomotion:<br>Running | Team Building<br>Dance: Heroes      | Health and<br>Wellbeing<br>Games for<br>Understanding |
| <b>Year 2</b> | Gymnastics:<br>Linking<br>Ball Skills: Hands    | Nativity: Dance<br>Rackets Bats and<br>Balls  | Dance: Growing<br>Ball Skills : Feet                      | Locomotion:<br>Dodging<br>Gymnastics:<br>Pathways                | Athletics<br>Heath and<br>Wellbeing | Games for<br>Understanding<br>Outdoor Learning        |

## KS2

|               | Autumn1                 | Autumn 2                            | Spring 1                                                        | Spring 2                              | Summer 1                   | Summer 2               |
|---------------|-------------------------|-------------------------------------|-----------------------------------------------------------------|---------------------------------------|----------------------------|------------------------|
| <b>Year 3</b> | Football<br>Mindfulness | Dance: Weather<br>Hockey            | Netball<br>Gymnastics:<br>Symmetry &<br>Asymmetry               | Football<br>Outdoor<br>Learning       | Athletics<br>Tennis        | Tag Rugby<br>Athletics |
| <b>Year 4</b> | Football<br>Netball     | Dance: The<br>Greeks<br>Hockey      | Basketball<br>Gymnastics:<br>Bridges                            | Dance: The<br>Greeks<br>Athletics     | Tennis<br>Outdoor Learning | Athletics<br>Tag Rugby |
| <b>Year 5</b> | Football<br>Netball     | Basketball<br>Outdoor Learning      | Gymnastics:<br>Counter balance<br>and counter<br>tension        | Dance: Space<br>Athletics             | Cricket<br>Rounders        | Tag Rugby<br>Dodgeball |
| <b>Year 6</b> | Netball<br>Football     | Dance: World War<br>2<br>Basketball | Gymnastics:<br>Matching and<br>mirroring<br>Outdoor<br>Learning | Health Related<br>Exercise<br>Cricket | Athletics<br>Rounders      | Dodgeball<br>Tag Ruby  |