



'THE MISSION'

Religious Education Newsletter – Lent 2026

Dear families,

A very warm welcome to you all. As we journey through the liturgical season of Lent, our children are learning that this is a special time in the Church year for growing closer to God. Lent invites us to pause, reflect, and make small changes that help us become more loving, generous, and mindful.

We encourage families to join in this season by finding simple ways at home to pray together, make thoughtful choices, and support others. Lent is ultimately a hopeful time, preparing our hearts for the joy of Easter.

Please enjoy reading this edition of our Newsletter where we will also be sharing some examples of the Catholic Life of our school and details of what your child is learning in the RE Curriculum. As always, we warmly welcome any ideas, Catholic Life stories and suggestions as we work together to enrich our faith.

God Bless,

Mrs Bold and Mrs Cannavan

"I have come that they may have life and have it to the full." John 10: 10

Masses, liturgies and other Catholic life events this term:

- Sunday 8th March – Family Mass at St Wilfrid's Church, 9.15am (Sacramental programme).
- Monday 9th March – Year 4 Sacramental Preparation 3-4pm in school
- Friday 13th March (pm) - The Big Lent Walk
- Wednesday 18th March – Year 4 Reconciliation Service 6pm, St Wilfrid's Church
- Monday 30th March – Holy Week Mass (9:15am school)
- Tuesday 21st April - Easter celebration Mass (9:15am school)

Did you know? "Lent" does come from the Old English word *lencten*, which refers to springtime and the lengthening of days.

It's a gentle reminder that Lent is a season of growth, renewal, and preparing our hearts for Easter, much like spring prepares the world for new life.



RE Spotlight: The Sacrament of Reconciliation

A sacrament is described as a special **meeting point with God**—a moment when God comes close to us and fills our hearts with His love. The **Sacrament of Reconciliation** is one of these important meeting points. It is a time when we can say **sorry for the wrong choices** we have made, talk honestly to God, and **receive His loving forgiveness**. In practice, this usually means spending a quiet moment thinking about what we want to say sorry for, speaking to a priest who listens kindly, and then hearing the **words of absolution** that remind us that **God never stops loving us**.

During Lent, Catholics are encouraged to receive this sacrament so that our hearts can be renewed and made ready for the joy of Easter. It is a way of clearing out anything that gets in the way of our friendship with God, helping us to begin again with peace and hope.



This month, the children on our sacramental programme are preparing to receive the Sacrament of Reconciliation for the very first time.

It is a beautiful step in their faith journey, and we keep them in our prayers as they get ready for this special encounter with God's mercy and love.





Shining the spotlight:
RE Curriculum

Please ask your child to talk to you about their RE learning.

RE Learning this half term:

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
We are learning all about:	Lent, Jesus died on the cross - it was sad, Jesus was given new life - everyone celebrates, simple Holy Week.	Link Jesus' time in the desert and Lent, Giving - widow's mite, story of last week of Jesus' life (inc ways marked in another country).	Jesus' words on the cross about forgiveness, Lent is a time for forgiveness and reconciliation Sacrament of Reconciliation Holy Week review, Easter Vigil	Feeding of the 5000, the last supper, Body of Christ, Describe the Mass – focus of Liturgy of the Eucharist – offertory prayer	Prodigal son Judgement of nations parable Holy Week's mercy and forgiveness. The Events in Holy Week. The resurrection. The narrative of St Peter. The Church in the world.	Ash Wed Mass, Lent, Sin, commandments, Jesus' great commandment, Resurrection, people follow his path to heaven, Rosary, sorrowful mysteries	Holy Week, Jesus as Messiah, Washing disciples' feet linked to Mass on Holy Thursday, Stations of the Cross, Discipleship

March and April
Spotlight:

Sacraments 2026

Our 25/26 sacramental programme began with a parent meeting and Mass of enrolment in January.

We welcomed the Y4 children as they are now preparing for their First Reconciliation and First Holy Communion.

Dates have been agreed with Father Paul and will be as follows: **Reconciliation Wednesday 18th March 6pm** and **First Holy Communion Saturday 6th June 10am**.

Do remember our sacramental programme is available to **all children** in Year 4, 5 and 6 who have been baptised Catholic or are wishing to enter the faith via Baptism.



Mini Vinnies

Mini Vinnies is our charity based after school club.

We meet once a month to pray and find different to which we can 'Turn concern into action' in our school, parish and local community. So far this year we have...

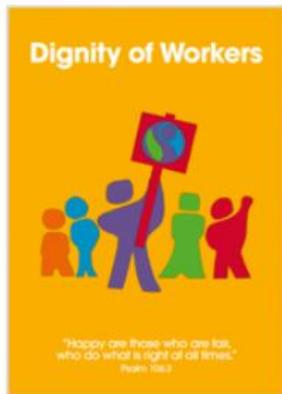
- Attended Mass for the elderly and served tea and biscuits afterwards in the Parish Centre.
- Challenged each class to raise £10 for CAFOD's 'Teach a child to read' campaign.
- Sent handmade Christmas cards to parishioners.
- Prepared for a Book sale during Lent to raise money for The Good Shepherd charity.

Do please support us wherever you can!



Catholic Social Teaching

At St Wilfrid's we are committed to our role as 'Dignity of Workers'



Catholic Social Teaching is rooted in scripture and formed by the teachings of the Church leaders. Simply put, it is our **moral compass** guiding us on how to live out our faith in the world.

This school year we will continue with our approach to focus on a Catholic Social Teaching principle each half term. This half term our focus is: '**The Dignity of workers**'.

The principle of the dignity of workers reminds us that **every person who works deserves respect, fair treatment, and safe conditions**.

It teaches that work is not just about earning money — it's a way for people to use their talents, help their community, and feel proud of what they do.

When we value workers, we show love and care for one another just as Jesus taught us to do.



Please sponsor us to walk the BIG LENT WALK to raise money for CAFOD this Lent. Sincere thanks for the incredible donations made so far!

Scan the QR code or donate via this link

<https://schools.walk.cafod.org.uk/fundraising/fundraising/big-lent-walk-st-wilfrids>

Supporting families in your role as first educators in the ways of the faith is very important to all the staff and governing body at St Wilfrid's.

To offer further help, **did you know we have a dedicated page on our school website?** Please look at the Catholic Life and RE/Catholic life at home for details of the Sunday Gospel in Church and for suggestions on ways to pray for the different seasons of the Church's year.

Please do get in touch if we can further support the prayer life of your family.