St Berteline's Church of England (Aided) Primary School
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St Bert's News

Website www.stbertelines.org.uk
Facebook https://m.facebook.com/people/St-Bertelines-C-of-E-Primary-School-Runcorn/100085421851239/

3rd November 2026

Welcome Back
We hope you all had a lovely half term break and are looking forward to a very busy half term ahead.

Family Worship
Next week's Family Worship will be on Wednesday 11th at 2:45pm and will be about Remembrance.

Going forwards, from January onwards, all birthdays will be celebrated on Friday's Celebrate and Praise worship.

Everyone welcome!

Poppies for Sale
This week, we will be selling red poppies and other items such as slap bands, key rings, pins etc for £1. The red poppy is a sign of both remembrance and hope for a peaceful future, which is very poignant at this present moment with the current troubles around the world. The traditional paper and pin poppies are also available for 50p.

Parent Governor
Thank you to those parents who expressed an interest in becoming a Parent Governor.

We are very pleased to inform you that Kelly Woodcock will continue in her present role.

Thank you for taking the time to participate in this important process.

Spare Auto-Injector (AAIs)
If you have not filled in the Microsoft Form, please can we ask that you do so asap – one for each child. Thank you.
https://forms.cloud.microsoft/e/HvePU0AaxB

First Aid
Due to new statutory guidance, all First Aid notifications will be sent out via Compass to parents' personal email if their child has received First Aid. Please ensure your email addresses are up-to-date. Many thanks.

Wraparound Care
Can we please remind parents if you need to cancel wraparound care you need to do so before 8.00am.

We cannot reimburse any money if you cancel after 8.00am as we are unable to fill the space. Thank you for your co-operation.

We are very excited for Christmas at St Bert's

Please find below the dates for our Christmas Nativity and productions.

EYFS and KS1
This year EYFS and KS1 will be performing 'Once Upon a Nativity'
Tuesday 1st December – 9:30am
Tuesday 1st December – 2:00pm

KS2
KS2 will be performing an old favourite – Panto Pandemonium.
Tuesday 8th December – 9:30am
Tuesday 8th December – 1:30pm
Wednesday 9th December – 1:30pm

Costume letters will be sent out shortly.

Choir – Date for your Diary
On the morning of Friday 11th December 2026, the choir will be singing at Runcorn Shopping City as part of the community Christmas events. Further details to follow for choir children and families from Mrs O'Neil.

Consent forms will be sent out this week for parents to complete. Many thanks.

Whole School Pantomime
On the 10th December 2026, **ALL** St Bert's children and staff will be visiting The Brindley to watch Snow White. The cost is £22.00 and a wallet in School Hub has now been opened for payments.

Open Day
Are you looking for a Primary place for September 2027? This Wednesday 4th November at 4:30pm is our last date.

https://forms.cloud.microsoft/pages/responsepage.aspx?id=Pn5s

A5hOhUSU4MxCZ7XH71jz7vsMFdtBnUGQ3-CgpsdUMUdGRlJVQlQwTkVCQjM1TFhNOTlRUFBBUC4u&route=shorturl

Supplementary Forms for Receptions

If applying for St Berteline's Primary School under the Church criteria, then supplementary forms confirming church attendance will be available on the school website or alternatively, from the school office. The form needs to be returned directly to St Bert's school office.
https://spaces.schoolspider.co.uk/uploads/100/page/8611863_page_file.pdf?ofn=supplementary-application-form.pdf

Residentials

A consent form for the Tattenhall Residential (Year 2) will be sent out shortly.

Walking home alone

With the evenings now drawing in sooner, please have a chat to your children about walking home alone in the dark.

Happy Birthday



A happy birthday to the following children who celebrate their birthday this week:

Carter Mitchell (11)
Ivy Clair (10)
Eliza Richards (9)
Arabella-Rose Kendall (7)
Rosie Twigg (5)

We hope you have a wonderful birthday.

After School Clubs

Choir

Choir will continue until Friday 4th December 2026.

Wraparound Care

Wraparound Care is available from 7.30am - 6pm Monday – Friday.

Our main activities run Monday – Friday 3.20pm – 4.30pm

Monday – Multi-sports, with a different sport each week (netball, basketball, athletics, tennis, tag rugby, football)

Tuesday – Football club

Wednesday – Paper plate craft night, with a new theme each week

Thursday – Playground games night, playing the classics: Stuck in the Mud, What's the Time Mr Wolf, British, Grandmother's Footsteps, Duck Duck Goose, Simon Says, Musical Statues, and Sleeping Lions

Friday – Just Dance night, dancing along to favourite songs on the Just Dance video game

Quote of the Week

"Great things are done by a series of small things brought together."
— Vincent van Gogh

A Prayer for All Souls' Day

Dear God,
Today we remember those who have died and are no longer with us.
We thank you for the love, kindness and happy memories they have left in our hearts.
Comfort those who feel sad or miss someone special, and remind us that your love is everlasting.
Help us to treasure each day, care for one another and bring light into the lives of others.
Amen.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

IMAGE-ALTERING FILTERS

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

WHAT ARE THE RISKS?

ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

Advice for Parents & Educators

START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

CHALLENGE 'PERFECT' POSTS

When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

Meet Our Expert

Parven Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, TalkTV, and other major media outlets, supporting families across the UK.

#WakeUpWednesday®

The National College®

See full reference list on our website

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